

TANDOORI DISHES

Tandoori dishes are marinated in a specially made sauce with yoghurt and all the rich spices, Then cooked over a flaming fire or Charcoal in a clay oven with skewers.

Tandoori Special £12.95

Tandoori Chicken, chicken tikka, lamb tikka and sheek kebab, served with nan, lettuce, cucumber, tomato, salad and mint sauce.

Half Tandoori Chicken £7.95

Half on the bone chicken, served with salad and mint sauce.

Tandoori Chicken Tikka £8.95

Dry, Served with salad and mint sauce.

Tandoori King Prawn £14.95

Dry, Served with salad and mint sauce.

King Prawn Shashlick £15.95

Spiced with chunks of onion, tomatoes, green peppers and served with special medium curry sauce.

Chicken Shashlick £10.95

Spiced with chunks of onion, tomatoes, green peppers and served with special medium curry sauce.

Tandoori Lamb Chops (5 pcs) £14.95

TRADITIONAL DISHES

	Chicken	Lamb / Prawn	Chicken Tikka	King Prawn	Vegetable
MASSALA DISHES	-----	£10.95	£9.95	£13.95	£7.95
Tandoori Baked, Cooked in Oriental Spices with butter and chopped tomatoes.					
MEDIUM DISHES	£7.95	£8.95	£8.95	£12.50	£7.30
All of the following are cooked using fresh coriander, garlic and spices.					
MADRAS DISHES	£7.95	£8.95	£8.95	£12.50	£7.30
Spiced & Hot Sauce.					
VINDALOO DISHES	£8.50	£9.50	£9.50	£13.00	£7.95
Spiced & Very Hot Sauce.					
BHUNA DISHES	£7.95	£9.95	£8.95	£12.50	£7.30
Spicy, medium dry sauce.					
PATHIA DISHES	£7.95	£8.95	£8.95	£12.50	£7.30
Hot & Sour.					
DHANSAK DISHES	£7.95	£8.95	£8.95	£12.50	£7.30
Lentils, Hot & Sour.					
ROGON DISHES	£8.50	£9.50	£9.50	£13.00	£7.95
Tomatoes and fried garlic (medium dry with onions).					
DUPIAZA DISHES	£7.95	£8.95	£8.95	£12.50	£7.30
Medium dry with chunks of onion and peppers.					
KURMA DISHES	£7.95	£8.95	£8.95	£12.50	£7.30
Fresh cream with coconut (very mild).					
MUSHROOM DISHES	£8.50	£9.50	£9.50	£13.00	£7.30
Cooked with mushrooms.					
JALFREZI DISHES	£8.50	£9.50	£9.50	£13.00	£7.95
Spicy with onion and fresh green Chilli.					
SAG MIXED DISHES	£8.50	£9.50	£9.50	£13.00	£7.95
Cooked with spinach (Medium).					

NOODLE DISHES

Noodles have become a firm favourite dish across many parts of the Indian Sub-continent, especially in Bangladesh. (Available in Mild, Medium, Hot or Hot with Fresh Green Chillies).

Chicken Tikka Noodles £8.95

Prawn Noodles £8.95

Maharaja Noodles £10.95

Noodles with a combination of Chicken Tikka, Egg and Keema (spicy minced lamb).

Shahi Noodles £10.95

Noodles with a combination of Chicken Tikka, Prawns and Mushrooms.

Egg Noodles £7.95

Vegetable Noodles £7.95

VEGETARIAN DISHES

Palak Paneer £8.95

Spinach and Indian cottage cheese, cooked in a spicy sauce and garnished with Coriander.

Egg Curry (medium) £7.95

Chana Massala £7.95

ACCOMPANIMENTS

Vegetable Side Dishes.

Mixed Vegetable Bhajee £4.50 **Sag Bhajee £4.50**

(Dry cooked with spices)

(Spinach dry with spices)

Mushroom Bhajee £4.50 **Aloo Gobi £4.50**

(Dry with spices)

(Potatoes with cauliflower, dry with spices)

Bindi Bhajee £4.50 **Chana Bhajee £4.50**

(Dry with spices)

(Chickpeas, dry with spices)

Cauliflower Bhajee £4.50 **Sag Chana £4.50**

(Dry with spices)

(Chickpeas and spinach dry with spices)

Bombay Aloo £4.50 **Aloo Chat £4.50**

(Dry with spices)

(Potatoes pieces in chat massala Sauce)

Plain Dall £4.50 **Sag Paneer £4.95**

(Lentils with spices)

(Spinach and Indian cottage cheese)

Tarka Dall £4.50 **Matter Paneer £4.95**

(Lentils with spices, fried onions and garlic)

(Peas and Indian cottage cheese)

Raitha £2.50 **Sag Aloo £4.50**

(Yoghurt with cucumber and onions)

(Spinach and potato, dry with spices)

SUNDRIES

Mixed Fried Rice £3.95 **Stuffed Paratha £3.50**

(Fried with ghee, peas and onions)

Roti

Pilau Rice £3.20 **Poppadum £0.90**

(Saffron basmati rice and choice of herbs)

Egg Fried Rice £3.95 **Massala Poppadum £0.90**

Coconut Rice £3.95 **Mango Chutney (sweet) £0.80**

Mushroom Fried Rice £3.95 **Onion Salad £0.80**

Keema Fried Rice £4.95 **Chapati £1.95**

Plain Rice (Boiled) £3.00 **Chutney Tray £2.50**

Half Rice/Half Chips £3.95 (Onion salad, Mango Chutney, mint sauce and mixed pickle)

Paratha £2.95

NAN BREAD

Paramount £3.95 **Keema £3.50**

(Keema, onion, garlic or chilli)

Peshwari £3.50

Plain £3.20 **Garlic £3.50**

Stuffed Vegetable £3.50 **Chilli Nan £3.50**

ENGLISH DISHES

A la Carte (All English dishes are served with Chips, lettuce and Tomato)

Chicken £9.95 **Prawn Omelette £9.95**

Scampi £9.95 **Mushrooms £8.95**

Chicken Omelette £9.95 **Omelette**

EXTRA VEGETABLES

Chips £3.00

Mushrooms £4.50

Lettuce and tomato Salad £2.00

PARAMOUNT

INDIAN RESTAURANT & TAKEAWAY



Fine Dining Restaurant & Takeaway

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5 Station Approach, Penarth CF64 3EE

www.paramountrestaurant.co.uk

HOME DELIVERY AVAILABLE

Opening Times

Sunday to Thursday 5:30pm to 11:30 pm

Friday to Saturday 5:30pm to 12:00pm

DELIVERY LAST ORDERS 10:00PM

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STARTERS

Qtr Tandoori Chicken	£4.10
On the bone Chicken, roasted in the tandoori, served with salad and mint sauce.	
Chicken Tikka	£4.10
Boneless chicken pieces, roasted in the tandoori, served with salad and mint sauce.	
Chicken Pakora	£4.95
Marinated chicken coated with special sauce and then deep fried.	
Sheek Kebab	£4.50
Minced lamb, mixed with onions, herbs and spices, roasted in the tandoori on skewers. Served with salad and mint sauce.	
Shami Kebab	£4.50
Minced lamb, mixed with onions, herbs and spices, shallow fried in puried butter (ghee) . Served with salad and mint sauce.	
Nargis Kebab	£5.50
Spiced scotch egg, wrapped in minced lamb. Served with salad and mint sauce.	
Samosa	£3.00
Triangular shaped and filled with spicy minced meat. Served with salad and mint sauce.	
Prawn Puree	£4.95
Filled with prawns, cooked in selected spices, served with salad and mint sauce.	
Ginga Puree	£5.50
Filled with king prawns, cooked in selected spices, Served with salad and mint sauce.	
King Prawn Butterfly	£5.50
Deep fried buttered prawns , Served with salad and mint sauce.	
Chicken Chat	£4.50
Tikka chicken pieces in chat massala sauce, Served with salad and mint sauce.	
Mixed Kebab	£5.95
A Combination of chicken tikka, sheek kebab and lamb tikka, served with salad and mint sauce.	
Lamb Chops (2 pcs)	£6.50
Slow braised lamb chops marinated in tandoori and garlic paste. served with salad and mint sauce.	
Chicken Chat Puree	£5.50
Diced grilled chicken cooked in a special sauce served with deep fried leavered bread.	

VEGETABLE STARTERS

Onion Bhajee	£3.00
Served with salad and mint sauce.	
Vegetable Samosas	£3.00
Triangular shaped and filled with spicy vegetable. Served with salad and mint sauce.	
Mixed Vegetable Puri	£4.50
Filled with delicious spicy vegetables. Served with salad and mint sauce.	
Mushroom Puri	£4.50
Filled with fresh mushrooms, cooked with selected spices. Served with salad and mint sauce.	
Sag Puri	£4.50
Filled with spinach and cooked with selected oriental spices. Served with salad and mint sauce.	
Shingara	£3.00

CHEF’S RECOMMENDATION

Chicken Tikka, Lamb or Prawn £1.00 extra	
King Prawn Shashlick Balti	£14.95
Grilled in spices with fresh tomatoes, onions, green peppers and cooked in a balti Sauce.	
Chicken Shashlick Balti	£10.95
Grilled in spices with fresh tomatoes, onions, green peppers and cooked in a balti Sauce.	
King Prawn Korai	£13.95
King prawns, cooked in curry sauce, delicately flavoured with oriental herbs and spices served in a medium sauce.	
Chicken Korai	£9.95
Diced chicken, cooked in curry sauce, delicately flavoured with oriental herbs and spices served in a medium sauce.	
Shatkora (Medium)	£9.95
Chicken, famous Bangladeshi taste of citrus flavour.	
NAGA Jolokia (Hot)	£10.95
Chicken cooked with fresh coriander, garnished with spicy sauce with a touch of ‘naga’ a hot and aromatic chillies.	
Okra (Medium)	£9.95
Chicken served with fresh okra and prepared using a range of traditional spices, onions, fresh herbs and thick sauce.	
Karahi Duck (Medium)	£12.95
Tender pieces of duck barbecued & tossed in medium spices with onions, tomatoes and green peppers.	
Bombay Bhuna	£9.95
Chicken with onion, tomato, potato, served in medium bhuna sauce.	
Mughol Balti	£10.95
Breast of chicken cooked with minced lamb and tomatoes in a spicy aromatic sauce.	
Chicken Rezala	£9.95
Breast of chicken highly spiced topped with onion, capsicum, fresh garlic paste, slowly cooked with yogurt.	
Chef Xacutti	£10.95
Breast of chicken cooked with xacutti sauce, tenderised with mustard and curry leaves.	
Chicken Kohlapuri	£10.95
Hot and spicy Chicken dish prepared with cumin, green chillies, almond and coconut.	
Duck Sheri	£12.95
Grilled duck caramalised in onion and garlic in a tandoori sauce.	
Chicken Amm	£10.95
A mild chicken dish cooked in cream with a sweet mango taste.	
Nandan Chicken	£10.95
Delicious kerala chicken with coconut cream, tomatoes and spices.	

FISH DISHES

Dishes may contain Bones.	
Fish Balti	£9.95
The finest ingredients, carefully marinated in a specially prepared recipe of herbs and spices.	
Fish Massala	£10.95
Fish Bhuna	£8.95
Cooked with sliced onions, green peppers and garlic with fresh herbs in a medium sauce.	
Fish Jhalfrezi	£9.95
Cooked fairly hot and spicy in a sauce with fresh green peppers and green chillies.	
Tandoori Salmon Tikka 2 Pcs	£15.95
Dry, Served with salad and mint sauce.	

BIRYANI DISHES

Served with plain or vegetable curry sauce.	
All Chicken dishes are Breast of Chicken. Mushrooms 95p Extra.	
Paramount Special Biryani	£12.95
Chicken, lamb, prawns, egg, mushrooms, etc, topped with tomato and omelette, served with vegetable curry.	
Persian Chicken Biryani	£10.95
Chicken Biryani	£9.95
Lamb Biryani	£10.95
Chicken Tikka Biryani	£10.95
Prawn Biryani	£10.95
King Prawn Biryani	£14.95
Vegetable Biryani	£8.95
Egg Biryani	£8.95

ORIGINAL BALTI DISHES

Our Balti dishes use only the freshest ingredients, carefully marinated in specially prepared recipes of herbs and spices.	
Chicken Tikka, Lamb or Prawn Balti £1.00 extra.	
Balti Palak Aloo Daal	£8.50
Vegetable Balti	£7.95
Spinach, potato and lentils, cooked to a traditional balti recipe.	
Chicken Balti	£8.95
Chicken Spinach Balti	£9.95
Chicken Vegetable Balti	£9.95
Chicken Mushroom Balti	£9.95
Chicken Tikka Balti	£9.95
King Prawn Balti	£12.95
King Prawn Saag Balti	£13.95

OUR CURRY SPECIALS

Chicken Tikka, Lamb or Prawn Balti £1.00 extra.	
Murgi Special	£10.95
Chicken marinated in oriental spices with keema and chopped tomatoes.	
Chicken Chilli Massala	£10.95
Paramount Special Bhuna	£10.95
Tandoori Chicken and minced lamb, cooked with sliced onions, green peppers, ginger and garlic with fresh herbs in a medium curry.	
Paramount Achar	£9.95
Chicken Cooked in traditional spices in a spicy sauce with mixed pickles.	
Paramount Special Balti	£10.95
A combination of chicken, lamb and prawns, cooked with spicy mushrooms and garnished with coriander.	
Garlic, Chilli Chicken	£10.95
Cooked with roasted garlic, fresh green chillies, coriander and a touch of exotic spices.	
Mint Chicken	£9.95
Prepared with special herbs including fresh coriander, mint and garlic.	
	Chicken Lamb / Prawn Chicken Tikka King Prawn Vegetable
PASANDA DISHES	£9.95 £10.95 £10.95 £13.95 £8.95
Marinated Kashmiri spices, cooked in a cream and almond sauce.	
PANEER DISHES	£9.95 £10.95 £10.95 £13.95 £8.95
Cooked with traditional indian cheese in a rich sauce.	
MAKANI DISHES	£9.95 £10.95 £9.95 £12.95 £8.95
Cooked in a creamy coconut and almond sauce.	
BUTTER DISHES	£9.95 £10.95 £10.95 £13.95 £8.95